

Tuesday week 1 - Ingredients subject to change Checked 16/03/2026

Chicken Tikka Wrap

Chicken Fillet

Tikka Paste Water, paprika powder (11%), coriander powder (7%), rapeseed oil, acids (acetic acid, citric acid), salt, tamarind (2.5%), modified maize starch, spices, cumin powder.

May Contain: Peanuts, Tree Nuts, Mustard

Greek Yoghurt Skimmed MILK, Cream (MILK) MILK Solids, Culture

Contains: Milk

Sugar

Salt

Tortilla WHEAT flour (with calcium carbonate, iron, niacin, thiamin) (67%), water, rapeseed oil, WHEAT fibre, raising agents (E500, E450), acidity regulator (E296), dextrose, WHEAT GLUTEN, preservative (E282), salt.

Contains: Cereals containing Gluten

Veggie Quesada

Tortilla WHEAT flour (with calcium carbonate, iron, niacin, thiamin) (67%), water, rapeseed oil, WHEAT fibre, raising agents (E500, E450), acidity regulator (E296), dextrose, WHEAT GLUTEN, preservative (E282), salt.

Contains: Cereals containing Gluten

Cheese

Contains: Milk

Peppers

Courgette

Sweet Potato

Herbs Parsley, basil, thyme, marjoram, oregano

Garlic

Potato Cubes Potatoes (87%), Coating (7%) [WHEAT Flour, Salt, Modified Potato Starch, Spices (Black Pepper, Chilli Pepper, Cayenne Pepper), Garlic Powder, Onion Powder, Raising Agents (E450i, E500ii), Yeast Extract, Spice Extract (Black Pepper), Dextrose], Vegetable oils (Sunflower, Rapeseed, In varying proportions) (6%), Dextrose.

Contains: Cereals containing Gluten

Cucumber

Tomatoes

Red Onion

Ice Cream Pot Water, Sugar, Palm Oil, Whey Solids (MILK), Whey Powder (MILK), Skimmed MILK Powder, BUTTERMILK Powder, Emulsifier (Mono - and Di-Glycerides of Fatty Acids), Stabilisers (Guar Gum, Xanthan Gum, Locust Bean Gum), Flavouring, Colour (Beta Carotene).

Contains: Milk