

## Tuesday week 2 - Ingredients subject to change Checked 16/03/2026

### Sticky Chicken

**BBQ Sauce** Water, Sugar, Tomato Paste (13%), Spirit Vinegar, Glucose-Fructose Syrup, Modified Maize Starch, Concentrated Apple Juice, Salt, Acidity Regulator (Acetic Acid), Colour (Ammonia Caramel), Smoke Flavourings, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Paprika, Dried Garlic, Dried Onion, Black Pepper, Cayenne Pepper.

**Soya Sauce** Water, SOYBEAN 32%, Salt, Corn Starch, Sugar, Potassium Sorbate (E202)

**Honey**

**Tomato Puree**

**Chicken**

### Sticky Quorn

**BBQ Sauce** Water, Sugar, Tomato Paste (13%), Spirit Vinegar, Glucose-Fructose Syrup, Modified Maize Starch, Concentrated Apple Juice, Salt, Acidity Regulator (Acetic Acid), Colour (Ammonia Caramel), Smoke Flavourings, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Paprika, Dried Garlic, Dried Onion, Black Pepper, Cayenne Pepper.

**Soya Sauce** Water, SOYBEAN 32%, Salt, Corn Starch, Sugar, Potassium Sorbate (E202)

**Honey**

**Tomato Puree**

**Quorn Pieces** Mycoprotein (93%), Rapeseed Protein, Natural Flavouring, Potato Protein, Mushroom Extract (Maltodextrin, Mushroom Extract). Ingredient Statements Regulatory labelling statement required: Rapeseed protein may cause allergic reactions to consumers who are allergic to mustard and products thereof.

**Contains: Mustard**

**Noodles** WHEAT flour, Water, EGG powder (3%), Salt

**Contains: Cereals containing Gluten, Eggs**

**Broccoli**

**Mandarins**

**Cream** BUTTERMILK (68%), vegetable oil (fully hydrogenated palm oil, coconut oil, palm) (30%), modified corn starch, emulsifier (sucrose esters of fatty acids, mono and diglycerides of fatty acids), SOYA lecithin, BUTTERMILK powder, thickeners (guar gum, locust bean gum).

**Contains: Soybeans, Milk**