



June 2026

Dear Parents / Carers,

This half term, we will be teaching the children the objectives from the Healthy Relationships and Sex Education (HRSE – sometimes known as RSE) part of the curriculum. On the following page, you can see what we will be teaching in year 6.

If you would like to discuss any aspects of how we will teach these topics in school, please contact your child's class teacher.

Under current government guidelines, parents no longer have the right to withdraw their children from relationships education or from content that is covered in the primary science curriculum (including how adolescent bodies change during puberty). You do have the right to withdraw your child from the sex education (about how a baby is made and grows) aspect of the curriculum in year 6. If you wish to do this, please contact the school office to make an appointment with Mr Wade.

We will be holding optional meetings for the parents of year 6 children only so that they can see the materials we will be using in class before the lessons are taught. The first meeting will be on **Friday 3rd July at 3:30 PM**; the second will be on **Friday 3rd July at 5:30 PM**. Please note that these meetings will be adults only and that we cannot provide childcare. The same content will be covered in both meetings, so you do not need to attend both of them.

If you would like to read our school's policy about PSHE and HRSE, please click the link below:

[Whitmore Primary School and Nursery - Policies & Documents \(whitmore-pri.essex.sch.uk\)](http://www.whitmore-pri.essex.sch.uk)

If you would like to find out about the government's requirements for RSE in schools, you can find out more here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

Thank you for your continued support,

R Wade

Mr Wade
Head of School

Year group	Lessons and objectives	Vocabulary
6	<p>Families and committed relationships: Starting a family (sex education)</p> <ol style="list-style-type: none"> 1. Starting a family 2. The impact of having a baby 3. When is it right? <p>The Year 6 lessons in this topic cover sex education, with a focus on human reproduction. Pupils will learn the facts about how human life starts and some common questions will be answered in an age-appropriate manner. Pupils will also learn about the legal age of consent for sexual intercourse and the many factors that a committed couple would have to consider before having a baby. They will learn about consent and the importance of being ready before you make big decisions in your life.</p>	<p>sexual intercourse, sex, fertilise, conception, foetus, sperm, egg, pregnant, IVF, adoption, Caesarean section, babies, commitment, responsibility, law, legal, age restriction, age of consent, safe</p>