



Available every day:

Baguettes

Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast, Malted WHEAT Flour, Emulsifier: E472(e), Flour Treatment Agent: E300, Dextrose.

Allergens - Gluten. May contain Sesame

Spread

Vegetable Oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Water, Reconstituted Butter MILK (4.35%), Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (potassium Sorbate), Acid (Citric Acid), Natural Flavour, Vitamin A, Vitamin D, Colour (Beta Carotene).

Allergens - Milk

OR

Vegetable Oils (Rapeseed Oil, Palm Oil, Sunflower Oil), water, Salt, emulsifier (Mono- and diglycerides of fatty acids), Whey Powder (MILK), Buttermilk Powder (MILK), preservative (Potassium Sorbate), Acid (Citric acid), Natural Flavouring, Colour: Beta-Carotene, Vitamin A, Vitamin D.

Allergens - Milk

Ham

Pork 70%, Water, Salt, Dextrose, Modified potato starch, Emulsifier E451(i), Yeast Extract, Stabilisers E415, E407, Preservative E250, E252, Acidity Regulator E331, Antioxidant E301.

Cheese

Cheddar Cheese (MILK), Anti Caking Agent (Potato Starch).

Allergens - Milk

Chicken

Tuna Mayo

Tuna [FISH], Water, Salt, Rapeseed Oil, Water, modified maize starch, Spirit Vinegar, lemon juice, Pasteurised Salted EGG Yolk (Pasteurised EGG Yolk, Salt), Sugar, Salt, Modified Potato Starch, Stabiliser (Guar gum, Xanthan gum) texture enhancer (Citrus fibre, sugar), Mustard Flour, preservative (potassium sorbate)

Allergens - Egg, Mustard, Fish

Coleslaw

Allergens - Egg, Mustard

Beetroot

Beetroot, Water, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid).

Baked Beans

Beans (49%0 , Water, Tomatoes (20%), Sugar, Modified Maize Starch, Salt, Glucose-Fructose Syrup, Onion Powder, Ground Paprika, Rapeseed Oil, Flavouring, Paprika Extract

Strawberry yoghurt

Organic Whole MILK Yogurt, Organic Sugar, Organic Strawberries (5%), Organic Maize Starch, Natural Flavouring, Organic Concentrated Elderberry Juice, Organic Concentrated Lemon Juice.

Allergens - Milk

Fruit Cocktail

Mixed Fruit In Variable Proportions: Peaches, Pears, Pineapple, Grapes, Cherries (With Added Colour (Erythrosine)),Grape Juice (From Concentrate), Acidity Regulator (Citric Acid).

Blackcurrant squash

Water, Blackcurrant Juice from Concentrate (10%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Metabisulphite (SULPHITES)), Sweeteners (Aspartame*, Sodium Saccharin, Acesulfame K,), Colour (Anthocyanin), Flavourings. Contains naturally occurring sugars. * Contains a source of Phenylalanine

Allergens - Sulphur Dioxide

Orange Squash

Water, Comminuted Oranges (10%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Metabisulphite (SULPHITES)), Sweeteners (Acesulfame K, Sodium Saccharin, Sucralose), Flavourings, Stabiliser (Carboxymethylcellulose), Antioxidant (Ascorbic Acid), Colour (Beta-Carotene).

Allergens - Sulphur Dioxide

Mayonnaise sachets

Rapeseed Oil (50%), Water, Spirit Vinegar, Pasteurised EGG Yolk (3%), Sugar, Salt, MILK Protein, Modified Potato Starch, Stabilisers (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate), Antioxidant (Calcium Disodium Edta).

Allergens - Eggs, Milk. May contain Mustard, Gluten.

Tomato Ketchup Sachets

Water, Sugar, Tomatoes, Spirit Vinegar, Modified Maize Starch, Salt, Preservative (Potassium Sorbate), Flavouring

Brown Sauce Sachets

Water, Sugar, Malt Vinegar (BARLEY), Tomato Paste, Modied Mazie Starch, Salt, Molasses, Acetic Acid, Colour (Caramel), Onion Powder, Citric Acid, Black Pepper, Ginger Powder, Garlic Powder, Preservative (Potassium Sorbate), Cloves, Cinnamon, Cardamon, Chilli Powder.

Allergens - Gluten. May contain Eggs, Milk, Mustard

Brown Bread

Wholemeal WHEAT Flour, Water, Salt, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Yeast, Emulsifiers (Mono- And Di-Acetyltartaric Acid Esters Of Mono- And Di-Glycerides Of Fatty Acids, Mono- And Di-Glycerides Of Fatty Acids), Preservative (Calcium Propionate), SOYA Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid).

Allergens - Cereals containing Gluten, Soybeans