

## Tuesday week 1 - Ingredients subject to change Checked 22/3/24

### Chicken Korma

#### Chicken

**Korma Sauce** Water, Sugar, Double Cream (MILK) (3%), Tomato Paste, Coconut Cream (3%), Onion (3%), Milk Powder (MILK), Lemon Juice, Dessicated Coconut (2%), Thickener (Modified Maize Starch), Garlic Powder, Salt, Acidity Regulator (Citric Acid), Turmeric, Spices.

**Contains: Milk**

#### Dahl

#### Red Onion

#### Garlic

**Garam masala** Coriander, Cassia, Ginger, Cloves

**Cumin** Cumin Seed Powder

#### Ginger

#### Chilli Powder

**Chopped Tomatoes** Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)

**Veg Stock** Salt, Vegetable Fats (Palm, Shea Butter, Sal Butter), Potato Starch, Yeast Extract, Sugar, Onion Powder (2.3%), Carrots (1.5%), Herbs (Parsley, Tarragon), Spices (CELERY Seeds, Garlic, Turmeric, Pepper, Parsley Roots), Tomato Puree Powder, Red Bell Pepper (0.2%), Caramel Syrup, Flavourings (Contain CELERY), Leek, Maltodextrin

**Contains: Celery**

#### Spinach

#### Red Lentils

#### Rice

#### Cauliflower

**Curry Powder** Turmeric, Coriander, MUSTARD, Onion, Garlic, Cumin, Ginger, Fenugreek, Fennel, Salt, Chilli, Black Pepper

**Contains: Mustard**

### Dessert

**Yoghurt** Fat Free Yogurt (MILK), Sugar, Strawberries (2.7%), Peaches (2.6%), Raspberries (2.5%), Passion Fruit Juice From Concentrate (0.1%)Water, Thickeners (Modified Maize Starch, Pectin), Acidity Regulator (Sodium Citrate, Citric Acid, Trisodium Citrate), Aronia Juice From Concentrate Flavouring, Beetroot Juice From Concentrate, Carrot Juice From Concentrate.

**Contains: Milk**