

Wednesday week 1 - Ingredients subject to change checked 22.3.24

Spaghetti Bolognese

Mince

Onion

Rich & Rustic Sun Ripened Tomatoes (48.5%), Puree Of Sun Ripened Tomatoes (41.5%), Onion, Sunflower Oil, Sugar, Salt, Herbs And Spices (Black Pepper, Basil, Oregano), Garlic, Acid (Citric Acid), Firming Agent (Calcium Chloride).

Chopped Tomato Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)

Mixed Herbs Marjoram, Thyme, Parsley, Basil, Savoury.

Garlic

Mac & Cheese

Macaroni Durum WHEAT Semolina, Water

Contains: Cereals containing Gluten, May Contain: Soybeans, Mustard

Plain Flour WHEAT, Calcium Carbonate (E170), Iron, Niacin, Thiamin

Contains: Cereals containing Gluten, May Contain: Soybeans

Cheese

Contains: Milk

Milk Powder Whey Permeate Powder (MILK), Skimmed MILK Powder (24%), Coconut Oil, Maltodextrin, Anti-Caking Agent (E551), Stabilisers (E340ii, E452i), MILK Proteins, Emulsifiers (E471), Vitamins (C,A, D3).

Contains: Milk

Margarine Palm Oil, Rapeseed Oil, Water, Salt (1.1%), Emulsifiers (Mono And Di-Glycerides Of Fatty Acids), Flavouring, Vitamins A And D, Colour (Carotenes).

Pasta Durum WHEAT Semolina

Contains: Cereals containing Gluten, May contain: Mustard, Eggs

Broccoli

Bread WHEAT Flour (With Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Dextrose, Flour Treatment Agent (E300).

Contains: Cereals containing Gluten, May contain: Sesame seeds

Lemon Drizzle Cake

Self Raising Flour Wheat Flour (WHEAT Flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)

Contains: Cereals containing Gluten, May contain: Soybeans

Eggs

Caster Sugar

Maragrine Vegetable Oils (Sunflower-, Palm Kernel-, Palm-, Rapeseed-), Water, Emulsifiers: Mono- And Diglycerides Of Fatty Acids, Citric Acid Esters Of Mono- And Diglycerides Of Fatty Acids, Natural Flavour, Acid: Citric Acid, Vitamins: A, D, Colour: Beta Carotene.

Lemon

Baking powder WHEAT Starch, Raising Agents (Disodium Diphosphate (E450i), Sodium Bicarbonate (E500ii)).

Contains: Cereals containing Gluten

Icing Sugar Icing Sugar (97%), Maize Starch