

## Monday week 3 - Ingredients subject to change Checked 28/3/24

### Cheese & Tomato Pasta Bake

#### Onion

**Pasta** Durum WHEAT Semolina

**Contains:** Cereals containing Gluten, May Contain: Mustard, Eggs

#### Cheese

**Contains:** Milk

**Rich n Rustic** Sun Ripened Tomatoes (48.5%), Puree Of Sun Ripened Tomatoes (41.5%), Onion, Sunflower Oil, Sugar, Salt, Herbs And Spices (Black Pepper, Basil, Oregano), Garlic, Acid (Citric Acid), Firming Agent (Calcium Chloride).

**Chopped Tomato** Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)

**Mixed Herbs** Marjoram, Thyme, Parsley, Basil, Savoury.

#### Garlic

**Lentils** Dried Red Lentils

**May Contain:** Cereals containing Gluten

### Pizza Whirl

**Pastry Sheet** WHEAT Flour, Water, Vegetable Oils And Fats (Palm, Rape), Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flour Treatment Agents (Ascorbic Acid, L-Cysteine).

**Contains:** Cereals containing Gluten

**Gomo Sauce** Tomatoes (98%), Salt, Basil, Onion, Garlic, Pepper, Acidity Regulator (Citric Acid).

#### Cheese

**Contains:** milk

#### Sweetcorn

#### Peas

**Pasta** Durum WHEAT Semolina

**Contains:** Cereals containing Gluten, May Contain: Mustard, Eggs

### Chocolate Oatcake

**Oats** Mornflake OATFLAKES (100%)

**Contains:** Cereals containing Gluten

**Coco Powder** Fat Reduced Cocoa Powder, Acidity Regulator (Potassium Carbonate). Contains Cocoa Butter 10% Minimum.

**Plain Flour** WHEAT, Calcium Carbonate (E170), Iron, Niacin, Thiamine

**Contains:** Cereals containing Gluten, May Contain: Soybeans

**Baking powder** WHEAT Starch, Raising Agents (Disodium Diphosphate (E450i), Sodium Bicarbonate (E500ii)).

**Contains:** Cereals containing Gluten

#### Sugar

**Icing Sugar** WHEAT Flour, Water, Yeast, Sugar, Salt.

**Contains:** Cereals containing Gluten

