

## Wednesday week 3 - Ingredients subject to change Checked 28/3/24

### Roast

#### Chicken Fillet

#### Garlic

**Mixed Herbs** Marjoram, Thyme, Parsley, Basil, Savoury.

### Veg Roast

#### Quorn Fillet

#### Garlic

**Mixed Herbs** Marjoram, Thyme, Parsley, Basil, Savoury.

#### Potatoes

**Oil** Rapeseed Oil, Antifoaming Agent (E900)

**Yorkshire Puddings** Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin Thiamin), Water, EGG White, Rapeseed Oil, EGG, Skimmed MILK Powder, Salt.

**Contains: Cereals containing Gluten, Milk, Eggs**

#### Broccoli

#### Carrots

**Gravy** Modified Tapioca Starch, Flavouring, Salt, Sugar, Maltodextrin, Yeast Extract, Dried Vegetable Powders (5%) (Onion, Leek, Carrot, Tomato), Sunflower Oil, Colour: Ammonium Caramel, Herb (Parsley).

### Sponge Cake with Frosting

**Self Raising Flour** Wheat Flour (WHEAT Flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)

**Contains: Cereals containing Gluten, May Contain: Soybeans**

**Baking Powder** WHEAT Starch, Raising Agents (Disodium Diphosphate (E450i), Sodium Bicarbonate (E500ii)).

**Contains: Cereals contains Gluten**

**Vanilla** Water, Propylene Glycol, Flavourings, Colour: Plain Caramel.

### EGGS

#### Sugar

**Margarine** Vegetable Oils (Sunflower-, Palm Kernel-, Palm-, Rapeseed-), Water, Emulsifiers: Mono- And Diglycerides Of Fatty Acids, Citric Acid Esters Of Mono- And Diglycerides Of Fatty Acids, Natural Flavour, Acid: Citric Acid, Vitamins: A, D, Colour: Beta Carotene.

**Icing Sugar** Icing Sugar (97%), Maize Starch

**Glace Cherries** Cherries (51%), Glucose-Fructose Syrup, Fruit And Vegetable Concentrate, Acidity Regulator. Citric Acid.